|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Fully met** | **Partially met** | **Not met** | **Actions** | **By when** |
| 1. Residents are given the opportunity to regularly participate in outings / trips out of the care setting. *(regularly being once a week)* |  |  |  |  |  |
| 1. The care setting meets the resident’s cultural and spiritual needs. |  |  |  |  |  |
| 1. The care setting offers a variety of activities to the residents that meet all their social, mental and physical needs. |  |  |  |  |  |
| 1. Participation in day-to-day activities can take place at any time of the day or night. |  |  |  |  |  |
| 1. Activities are flexible to meet resident’s needs, wishes and personal routines. |  |  |  |  |  |
| 1. Carers have adequate time to support residents in participating in meaningful activities throughout the day. |  |  |  |  |  |
| 1. The care team have enough time to assist residents to access activities that they want. |  |  |  |  |  |
| 1. Carers and other members of staff have time to sit and chat with residents. |  |  |  |  |  |
| 1. Carers recognise that personal daily living tasks are an activity |  |  |  |  |  |
| 1. Residents are encouraged by all members of staff to remain as active and independent as possible. |  |  |  |  |  |
| 1. Resources are available to residents to ‘help themselves and to be self-directed |  |  |  |  |  |
| 1. The manager and senior staff fully encourage and support an activity based culture in the care setting. |  |  |  |  |  |
| 1. The residents have routine opportunities to engage with the local community. |  |  |  |  |  |
|  | **Fully met** | **Partially met** | **Not met** | **Actions** | **By when** |
| 1. The care setting itself reflects a ‘home-like’ way of life for all residents. |  |  |  |  |  |
| 1. The residents have the right to choose their own lifestyle and to voice their opinions. |  |  |  |  |  |
| 1. Everyone’s role in the care setting ensures residents participate in meaningful activities every day and that they are a part of daily routines. |  |  |  |  |  |
| 1. The care setting has adequate resources and materials to ensure residents are able to do the things they want to do. |  |  |  |  |  |
| 1. You can routinely witness conversations and interactions between residents and carers. |  |  |  |  |  |
| 1. Daily, weekly and monthly activity plans are in place for each resident. |  |  |  |  |  |
| 1. The care team are encouraged to find out about resident’s life story, their interests, their values and their beliefs. |  |  |  |  |  |
| 1. The residents know about large scale events and choose whether or not to attend. |  |  |  |  |  |
| 1. Family and friends are encouraged to get involved with all activities in the care setting. |  |  |  |  |  |
| 1. The care team have received training in regards to the provision of spontaneous and planned activities. |  |  |  |  |  |
| 1. Risk assessments are regularly reviewed in regards to activities. |  |  |  |  |  |
| 1. Regular resident meetings are held and the outcomes published. |  |  |  |  |  |
|  | **Fully met** | **Partially met** | **Not met** | **Actions** | **By when** |
| 1. Family and friends are invited to meetings in the care setting. |  |  |  |  |  |
| 1. Discussions about activities are included in staff meetings and handover meetings. |  |  |  |  |  |
| 1. Individual activity care plans are routinely reviewed. |  |  |  |  |  |
| 1. The care setting has volunteers that regularly support activities. |  |  |  |  |  |
| **Totals** |  |  |  |  |  |

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| Use this space for additional notes |
|  |

**Care Home Environment Checklist** *(communal areas only)*

|  |  |
| --- | --- |
| **Do the residents have independent or easy access to?** |  |
| 1. Animals |  |
| 1. The garden |  |
| 1. Gardening equipment |  |
| 1. Books |  |
| 1. Daily Newspapers |  |
| 1. Music (CD player, CD’s, radio) |  |
| 1. Reminiscence materials (pictures, items, clothes) |  |
| 1. Rummage boxes |  |
| 1. Games (age appropriate board games, puzzles, cards, dominoes) |  |
| 1. Arts and craft materials |  |
| 1. Tea and coffee making facilities |  |
| 1. Sensory equipment |  |
| 1. Internet |  |
| 1. A computer / ipad |  |
| 1. Dementia specialised activities/products |  |
| 1. Pens and paper |  |
| 1. Items to encourage meaningful activities (folding laundry, cleaning equipment) |  |
| 1. Other materials to encourage spontaneous activity that are not yet mentioned |  |
| **Does the care setting have?** |  |
| 1. Pictures on display of residents enjoying activities |  |
| 1. Visible daily activity programme for carers and residents |  |
| 1. Visible weekly/monthly activity programme for carers and residents |  |
| 1. Advertising of larger events and regular events (eg. Posters advertising charity events, parties) |  |
| 1. Specialised areas (eg. A corner of interest, a shop, a pub) |  |
| 1. An activity information board |  |
| 1. A newsletter |  |
| 1. The chairs arranged in communal areas in small groups (not lined up against the walls) |  |
| 1. A TV on and residents appear to be watching it (give a mark if the television is not on) |  |
| 1. A mini bus |  |
| 1. The date clearly displayed for residents |  |
| 1. Age appropriate music playing (give a mark if no music is playing |  |
| **TOTAL (out of 30)** |  |