



Resident wellbeing in action



EASTER ACTIVITIES



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Easter is the perfect time of year to get everyone in your care home involved in some good old-fashioned crafting fun. Together with Hilary Woodhead, Executive Director of NAPA, we've curated some simple, engaging activities that will put a spring in anyone's step this Easter time. From making a colourful butterfly feeder to beautiful flower arrangements, all accompanied by mouthwatering recipes.

EASTER RECIPES



CHOCOLATE EASTER EGG CAKES



VANILLA BUTTERFLY CUPCAKES
with almond buttercream



BRAISED SPRING LAMB
with minted gravy



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ACTIVITIES



Flower Arranging



Menu Cards



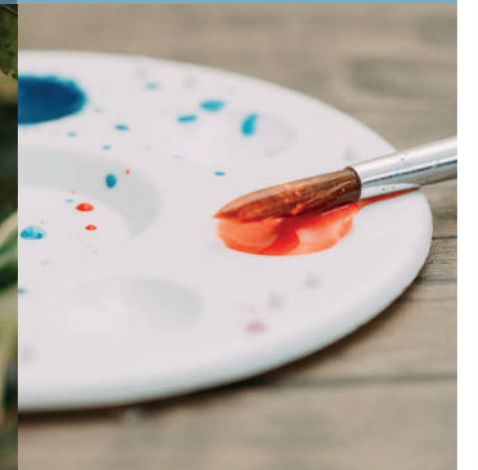
Dipped Marble eggs



Egg Cup Labels



Butterfly Feeder



Easter Paper Plates

**THIS
IS
HOME**

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Hilary Woodhead
Executive Director, NAPA

It has been our pleasure to work with Unilever Food Solutions on this lovely Easter time project. The season of Spring is about rebirth and regeneration, and it is the perfect metaphor and reminder to try new things or to do things differently. We hope that the ideas in this Activity Kit will inspire catering, care and activity teams to try something new that will appeal to every person they support.

It is vital that we are mindful of how a persons needs might change overtime. We must recognise that their ability to contribute may also change. All these activities are intended to be inclusive, the people we support can contribute in a way that is appropriate to them.

I am once again thrilled to be working alongside NAPA to bring you some tasty recipes to try at Easter time. It's one of my favourite times of the year – especially with the arrival of Spring lambs.

Spring lambs are the inspiration for the first dish: a succulent braised lamb with creamy mash, buttered green vegetables and a mint flavoured gravy. The next two recipes are sweet – chocolate birds nests and beautiful butterfly-winged vanilla cupcakes. Residents, staff and visiting family members can get involved in the making and decorating of these, so have fun!



Alex Hall
Executive Chef, UFS



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