

NAPA Resources Catalogue



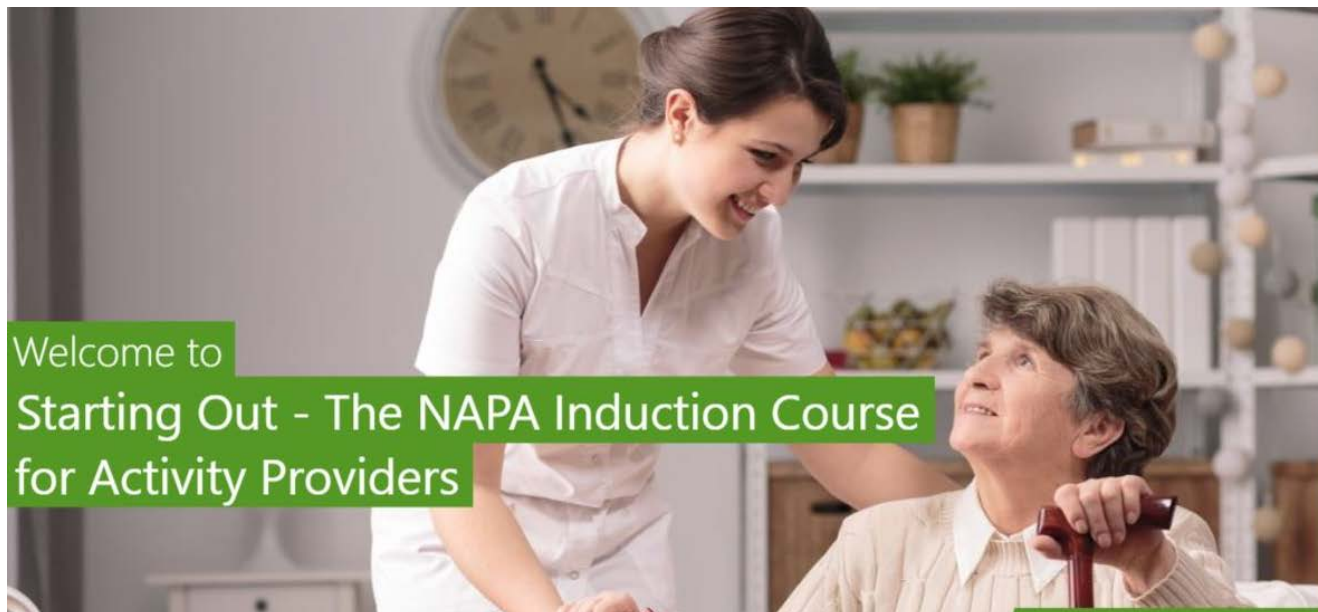
This catalogue is full of resources for you to use to improve the wellbeing and engagement of the individuals in your care. From eLearning courses to theme packs and interactive pets, we have it all!!

Welcome to the NAPA resources catalogue. We have lots of products for your toolkit!

Contents	Page
Training	3
Publications	4
Theme Packs	9
Resources	11
Other NAPA Products	18

Training

ELearning



Welcome to
**Starting Out - The NAPA Induction Course
for Activity Providers**

Starting Out - The NAPA Induction Course for Activity Providers - eLearning - £25.00*

The purpose of this course is to explain the activity providers role so that everyone can appreciate the important contribution activity can make to the life of a care setting – whether through planned activities such as facilitating a group, or less obvious activities, such as chatting with residents. This is an ideal course for a new activity provider, but also a refresher or as part of the induction of all staff so they understand the importance of activity provision to the individuals in your care.

The course covers:

- Whole Home Approach
- Make the role your own
- Best Practice
- Activity Planning
- Connecting with the community
- Assessment, Goals and Evaluation
- Further support
- Golden Rules Do's & Don't's

The course has an element of assessment and each student that completes successfully will be able to print their certificate of achievement.

***This course is free for NAPA member organisations and their staff (one of your many membership benefits).**

If you are a NAPA member please email info@napa-activities.co.uk and we will send you the information to get you signed up.

For information on our other training courses and qualifications please email: info@napa-activities.co.uk

Publications

All prices include postage & packing

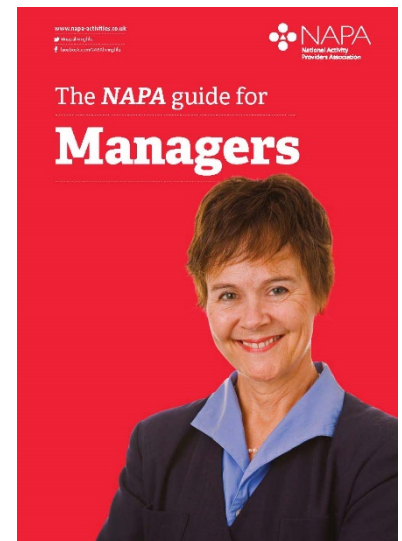
The NAPA guide for Managers - £6.99

NAPA supports care teams to enable people to live life the way they choose with life, love and laughter. This guide is for managers as they are usually the lynchpin of all good activity provision.

We know many managers want to move the culture of care on from one that is task-driven to one that offers personalised care and activities. We hope this guide will prove invaluable in helping you achieve that aim.

Chapters include:

- Activity: visions and roles
- Activity budgets and resources
- Planning and documenting activities
- Making community links
- Which way now?



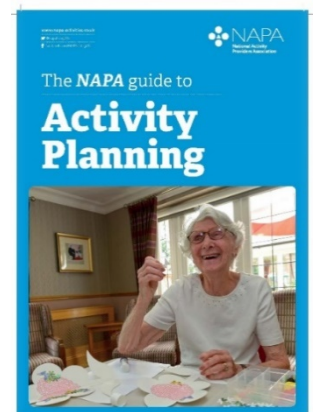
The NAPA guide to Activity Planning - £6.99

Activity Planning is vital to ensure that everyone's needs are met as appropriately as possible. This guide will help you to plan effectively.

We look at all aspects of planning and the impact it can have on improving the quality of life for people, engaging the whole staff team and enhancing your organisation's reputation.

Chapters Include:

- Time to Plan
- Paperwork
- The Evolution of Activity Planning
- Life history/biography notes
- Evaluating
- Communication
- Whole person assessment
- Preferred Activities of Daily Living
- Pulling all this information together
- Plan to your strengths
- The Whole Home Approach



Activity Ideas folder - hard copy - £19.99

Activity Ideas – PDF Download - £9.99

Every activity provider has moments when they need some inspiration! We hope this Activity Ideas Guide will offer you food for thought and help you to develop your own ideas as well.

Presented in an easily updatable folder*. This book is brimming with tried and tested ideas for activities

One is always looking for new ideas for things to do and this practical 76-page NAPA folder is a great starting point! You won't find page after page of craft ideas. What you will find are suggestions for how you can integrate themed activities into your homes on a daily, weekly and monthly basis for individuals, small groups and larger events. Topic areas covered are music, gardening, arts and crafts, food, media and reminiscence. It also includes 100 one to one ideas for staff, volunteers or visiting relatives. The ring binder* format allows you to include NAPA Things To Do and add your own ideas!

**Use your own folder for the downloadable version*



An Introduction to Activity Provision - £4.50

Are you new to the role?

This guide is for you!!

The purpose of this 12 page guide is to support you in your new role and to help you appreciate the kind of contribution you can make to the life of a care community – whether through planned activities such as facilitating a group, or less obvious activities, such as chatting with residents.

Contents include:

- The Whole Home Approach
- Make the role your own
- Best Practice
- Activity Planning
- Connecting with the community and more!

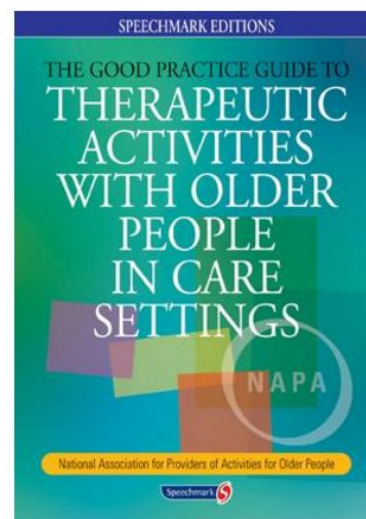


The Good Practice Guide to Therapeutic Activity with Older People in Care Settings -

£12.99

'The Good Practice Guide to Therapeutic Activities with Older People in Care' offers clear guidelines as to exactly what constitutes good practice in activity provision.

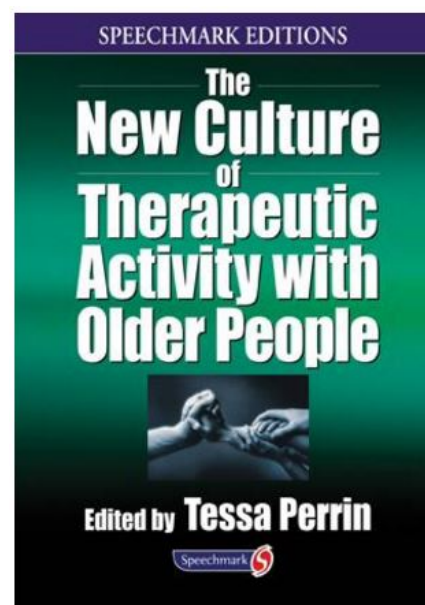
This book should be used by activity organisers as a benchmark against which they can measure the activity service in their care setting. This is an easy to use reference guide that offers clear links with current national standards and as such should also be useful to managers and inspectors.



The New Culture of Therapeutic Activity with Older People - £25.49

'The New Culture of Therapeutic Activity with Older People' is edited by Tessa Perrin, an Occupational Therapist with many years' experience working with older people in residential and day care settings and includes chapters by several existing and former members of NAPA staff.

'The New Culture of Therapeutic Activity with Older People' provides excellent background information for activity organisers, care staff, managers, inspectors and commissioners who want to understand the provision of activity as an integral part of good quality care practice rather than as purely entertainment or occupation. It combines a theoretical foundation with practice examples. Chapters in the book cover a wide range of topics such as activity planning, the importance of life story work, activity provision and the community and activity training as well as looking at the role of NAPA in steering the path 'from entertainer to reflective practitioner'.



Activity Ideas for Family Carers - PDF Download - £7.99

This guide is designed specifically for the family carer.

Every family carer has moments when they need some inspiration! We hope this Activity Ideas Guide will offer you food for thought and help you to develop your own ideas as well. You won't find page after page of craft ideas or quizzes as they can be found in many other ways in this electronic age. What you will find are some ideas that we know are successful, laid out in a framework that you can use to help engage and stimulate the person you support.

Activity ideas – for family carers



www.napa.co.uk 01203 251111 01203 251111 01203 251111

1

No Bake Cooking - PDF Download - £4.00

This 24-page booklet is full of no bake cooking ideas for residents and staff to use.

Included are recipes for desserts, sweets, savoury snacks and drinks, none requiring an oven but some needing a microwave.

This booklet is a great resource for one to one activities and small groups.

No Bake COOKING



Everybody's Job - A guide for the whole staff team - PDF Download - £4.00

This guidebook is for all staff working in care settings for older people whether you are a manager, nurse, care assistant, chef, maintenance person, administrator, domestic, catering assistant or any other role.

It explains what is meant by 'Activity', why it is so important and examples of how you might be able to include activity with older people within your day to day role.

Many staff members consider that activities are not part of their role, because they think organising an activity involves running a group or perhaps going on an outing. However if we consider that everything a person does from the moment they get up in the morning to when they go to sleep at night is an activity, then all staff have a part to play.

This guidebook aims to provide you with guidance on how All staff members in your care setting can contribute to providing activities for residents.

Activity at the heart of care

Everybody's Job!

A guide for the whole staff team



A Guide to Developing Links with the Community - PDF Download - £4.00

This 20 page guidebook promotes the benefits of increased community links, explores some of the barriers and helps with suggestions for overcoming these.

A list of ideas for places to go out and individuals or organisations, which might be invited to come into a care setting is included. Guidance on how to find out about your own local area and initiate new relationships are also offered.



Activity at the heart of care

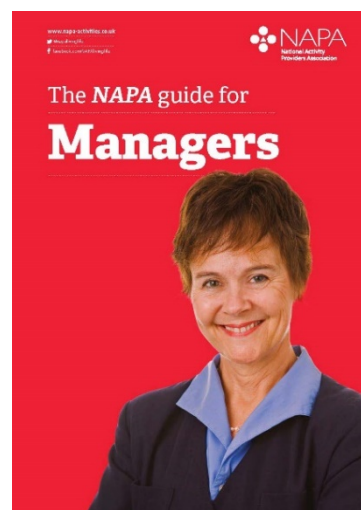
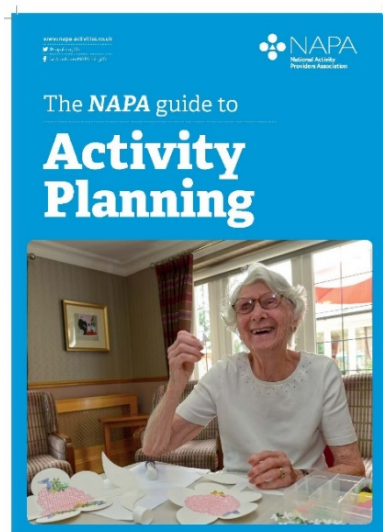
A guide to developing links with the local community



Starter Bundle - £29.99

Everything you need to get you going:

- Activity Ideas Folder
- Activity Planning Guide
- Managers Guide



Theme Packs

Each of these packs are full of ideas to help you make the most of some of the special days in your calendar. Add to the fun by building on a topic, which could be spread across several days if that suits you and your team. Anyone in the care team including volunteers should be able to use these ideas. Some may take a little planning, but others you could do on the spur of the moment. Add them to your Activity Ideas folder to create a great activity resource for all of the staff.

Each of the theme packs has ideas for:

- Connecting with your Community
- Making the Most of Mealtimes
- Things to do
- Each pack contains 12 pages of ideas

NAPA Activities to support your special events Themes - Pack 1

Afternoon Tea Week, Apple Day, Aromatherapy Awareness Week & Australia Day

These ideas are to help you make the most of some of the special days in your calendar. Add to the fun by building on a topic, which could be spread across several days if that suits you and your team. Anyone in the care team including volunteers should be able to use these ideas. Some may take a little planning, but others you could do on the spur of the moment.



We have used a colour code for the NAPA Activities to help you to match them to people's abilities, interests and level of participation.

Blue - High support and/or supervision needed.
Red - High support and/or supervision needed.
Green - High support and/or supervision needed.

Orange - High support and/or supervision needed.
Yellow - High support and/or supervision needed.

These ideas are to help you make the most of some of the special days in your calendar. Add to the fun by building on a topic, which could be spread across several days if that suits you and your team. Anyone in the care team including volunteers should be able to use these ideas. Some may take a little planning, but others you could do on the spur of the moment.

NAPA Activities to support your special events Themes - Pack 2

The British Open Golf Tournament, Button Day, Christmas Jumper Day, Cream Tea Day

These ideas are to help you make the most of some of the special days in your calendar. Add to the fun by building on a topic, which could be spread across several days if that suits you and your team. Anyone in the care team including volunteers should be able to use these ideas. Some may take a little planning, but others you could do on the spur of the moment.



We have used a colour code for the NAPA Activities to help you to match them to people's abilities, interests and level of participation.

Blue - High support and/or supervision needed.
Red - High support and/or supervision needed.
Green - High support and/or supervision needed.

Orange - High support and/or supervision needed.
Yellow - High support and/or supervision needed.

These ideas are to help you make the most of some of the special days in your calendar. Add to the fun by building on a topic, which could be spread across several days if that suits you and your team. Anyone in the care team including volunteers should be able to use these ideas. Some may take a little planning, but others you could do on the spur of the moment.

NAPA Activities to support your special events Themes - Pack 3

National Allotment Week, National Love your Pet Day, Pinhole Photography Day, World Knit in Public Day

These ideas are to help you make the most of some of the special days in your calendar. Add to the fun by building on a topic, which could be spread across several days if that suits you and your team. Anyone in the care team including volunteers should be able to use these ideas. Some may take a little planning, but others you could do on the spur of the moment.



We have used a colour code for the NAPA Activities to help you to match them to people's abilities, interests and level of participation.

Blue - High support and/or supervision needed.
Red - High support and/or supervision needed.
Green - High support and/or supervision needed.

Orange - High support and/or supervision needed.
Yellow - High support and/or supervision needed.

These ideas are to help you make the most of some of the special days in your calendar. Add to the fun by building on a topic, which could be spread across several days if that suits you and your team. Anyone in the care team including volunteers should be able to use these ideas. Some may take a little planning, but others you could do on the spur of the moment.

NAPA Activities to support your special events Themes - Pack 4

Farmhouse Breakfast Week, National Day of the Arts in Care Homes, Organic September, World Pasta Day

These ideas are to help you make the most of some of the special days in your calendar. Add to the fun by building on a topic, which could be spread across several days if that suits you and your team. Anyone in the care team including volunteers should be able to use these ideas. Some may take a little planning, but others you could do on the spur of the moment.



We have used a colour code for the NAPA Activities to help you to match them to people's abilities, interests and level of participation.

Blue - High support and/or supervision needed.
Red - High support and/or supervision needed.
Green - High support and/or supervision needed.

Orange - High support and/or supervision needed.
Yellow - High support and/or supervision needed.

These ideas are to help you make the most of some of the special days in your calendar. Add to the fun by building on a topic, which could be spread across several days if that suits you and your team. Anyone in the care team including volunteers should be able to use these ideas. Some may take a little planning, but others you could do on the spur of the moment.

Themes - Pack 1 - Hard Copy - £5.50

Themes - Pack 1 - PDF Download - £4.00

Afternoon Tea Week, Apple Day, Aromatherapy Awareness Week & Australia Day

Themes - Pack 2 - Hard Copy - £5.50

Themes - Pack 2 - PDF Download - £4.00

The British Open Golf Tournament, Button Day, Christmas Jumper Day, Cream Tea Day

Themes - Pack 3 - Hard Copy - £5.50

Themes - Pack 3 - PDF Download - £4.00

National Allotment Week, National Love your Pet Day, Pinhole Photography Day, World Knit in Public Day

Themes - Pack 4 - Hard Copy - £5.50

Themes - Pack 4 - PDF Download - £4.00

Farmhouse Breakfast Week, National Day of the Arts in Care Homes, Organic September, World Pasta Day

NAPA Activities to support your special events **Themes - Pack 5**



Homemade Bread Day, National BBQ Week, Valentines Day,
World Honey Bee Day

These ideas are to help you make the most of some of the special days in your calendar. Add to the list by adding on a topic, which can be spread across several days, if that suits you and your team. Anyone in the care home or helping volunteers should be able to use these ideas. Some may take a little planning, but others you could do on the spot of the moment.



We have used a colour code for the NAPA Activities to help you to match them to people's abilities, interests and level of participation.

Blue - High support needs, low to medium cognitive skills.
Green - Medium support needs, medium cognitive skills.
Yellow - Low support needs, high cognitive skills.
Red - High cognitive skills, high cognitive skills.
Orange - High cognitive skills, high cognitive skills.
Gold - High cognitive skills, high cognitive skills.

NAPA Activities to support your special events **Themes - Pack 6**



Gingerbread House Day, International Nurses Day, Poinsettia
Day, World Poetry Day

These ideas are to help you make the most of some of the special days in your calendar. Add to the list by adding on a topic, which can be spread across several days, if that suits you and your team. Anyone in the care home or helping volunteers should be able to use these ideas. Some may take a little planning, but others you could do on the spot of the moment.



We have used a colour code for the NAPA Activities to help you to match them to people's abilities, interests and level of participation.

Blue - High support needs, low to medium cognitive skills.
Green - Medium support needs, medium cognitive skills.
Yellow - Low support needs, high cognitive skills.
Red - High cognitive skills, high cognitive skills.
Orange - High cognitive skills, high cognitive skills.
Gold - High cognitive skills, high cognitive skills.

NAPA Activities to support your special events **Themes - Pack 7**



Gingerbread Day, National School Meal Week, Picnic Month,
World Smile Day

These ideas are to help you make the most of some of the special days in your calendar. Add to the list by adding on a topic, which can be spread across several days, if that suits you and your team. Anyone in the care home or helping volunteers should be able to use these ideas. Some may take a little planning, but others you could do on the spot of the moment.



We have used a colour code for the NAPA Activities to help you to match them to people's abilities, interests and level of participation.

Blue - High support needs, low to medium cognitive skills.
Green - Medium support needs, medium cognitive skills.
Yellow - Low support needs, high cognitive skills.
Red - High cognitive skills, high cognitive skills.
Orange - High cognitive skills, high cognitive skills.
Gold - High cognitive skills, high cognitive skills.

NAPA Activities to support your special events **Themes - Pack 8**



Burns Night, Nutrition & Hydration Week, Teddy Bear Picnic
Day, World Scottish Food & Drink Fortnight

These ideas are to help you make the most of some of the special days in your calendar. Add to the list by adding on a topic, which can be spread across several days, if that suits you and your team. Anyone in the care home or helping volunteers should be able to use these ideas. Some may take a little planning, but others you could do on the spot of the moment.



We have used a colour code for the NAPA Activities to help you to match them to people's abilities, interests and level of participation.

Blue - High support needs, low to medium cognitive skills.
Green - Medium support needs, medium cognitive skills.
Yellow - Low support needs, high cognitive skills.
Red - High cognitive skills, high cognitive skills.
Orange - High cognitive skills, high cognitive skills.
Gold - High cognitive skills, high cognitive skills.

Themes - Pack 5 - Hard Copy - £5.50 Themes - Pack 5 - PDF Download - £4.00

Homemade Bread Day, National BBQ Week, Valentines Day, World Honey Bee Day

Themes - Pack 6 - Hard Copy - £5.50 Themes - Pack 6 - PDF Download - £4.00

Gingerbread House Day, International Nurses Day, Poinsettia Day, World Poetry Day

Themes - Pack 7 - Hard Copy - £5.50 Themes - Pack 7 - PDF Download - £4.00

Gingerbread Day, National School Meal Week, Picnic Month, World Smile Day

Themes - Pack 8 - Hard Copy - £5.50 Themes - Pack 8 - PDF Download - £4.00

Burns Night, Nutrition & Hydration Week, Teddy Bear Picnic Day, World Scottish Food & Drink Fortnight

The theme packs can also be bought as a set:

Set 1-4 - Hard Copy - £20.00

Set 1-4 - PDF Download - £15.00



Set 5-8 - Hard Copy - £20.00

Set 5-8 - PDF Download - £15.00



Set 1-8 - Hard Copy - £40.00

Set 1-8 - PDF Download - £30.00



Resources

NAPA Will benefit from the sale of all of these products

Nostalgic Colouring Cards - £24.99

Cards for all occasions just waiting for you to personalize them to your taste.

Set includes:

2 x thank you, 4 x greetings, 2 x A6 postcard, 10 x envelopes. Please note: colouring pens not included.

Size: Cards & envelopes (A5), postcards (A6).



Interactive Pets - Joy for All Companion Puppy - £119.99

NO VET BILLS, JUST LOVE JOY FOR ALL Companion Pets are designed to bring comfort, companionship, and fun to elder loved ones. Our interactive pup is all about an ease-of-care and convenience that pairs with technology for the best possible experience for older adults living in senior communities or aging in place and their caregivers.

Our Joy for All Companion Pets have been co-developed with extensive feedback from aging loved ones and their families, to provide joy and intergenerational fun - but don't take our word for it! These pets have won multiple awards including the Caregiver Friendly Award from Today's Caregiver and the Dementia SM

MEET THE PUP In between naps and being adorable, real puppies require lots of special attention. Our Joy for All Companion Pet Pups have all the love in the world to give and will never eat the mail or have an accident.

Thanks to built-in technology, Companion Pet pups react to the sound of your voice and respond to your touch much like the puppies you know and love. This two-way interaction helps create a personally rich experience that can bring fun, joy, and friendship to you and your loved ones.

FEATURES Built-in sensors respond to motion and touch Feel the heartbeat with your calming touch Lifelike coat and authentic puppy sounds Responds to your voice with BARKBACK technology.

Batteries included: 4 x 1.5V C Batteries



Interactive Pets - Joy for All Companion Tabby Cat - £109.99

Joy For All Companion Pet cats look, feel, and sound like real cats. But they're so much more than soft fur, soothing purrs, and pleasant meows. These beautiful, soft cats respond to petting, hugging, and motion much like the cats you know and love, plus VibraPurr technology further enhances their life-like qualities

Joy for All Cat is designed to bring comfort, companionship and fun to elder loved ones. With realistic fur and pet-like sounds - and sensors that respond to petting and hugs with familiar pet-like actions - Joy for All delivers a soothing, joyful experience that inspire smiles, laughter and fond memories for people of all ages.



How to interact with the cat

A few simple pets or pats will bring your Joy for All pet to life.

Pet your cat's left cheek and it will nuzzle its head into your hand.

Pet your cat's back - or behind its head - and it will purr happily.

Keep petting your cat and it will roll on its back so you can give it a belly rub.

The more you pet your cat, the more relaxed it will get. It might even close its eyes and snooze.

If you don't touch your cat for a few minutes, it will go to sleep. To wake it up simply give it a gentle pat on the back. Or it might wake up when you move nearby.

Key Features:

Built-in sensors respond to motion and touch

Realistic, soft fur looks and feels like a real cat

Cat-like movements and sounds

VibraPurr sounds and feels like real purring

Batteries Included: 4 x 1.5V C Alkaline Batteries

Singalong Tea Dance CD & Songbook Set - £17.99

50 well-known melodies in shorter medley-style to sing along to.

Grouped into dance styles (waltz, foxtrot etc) for any dance enthusiasts. Large, bold print songbook that can be photocopied.

Set includes: 1 x CD, 1 x songbook. 55 mins.



Match the Film Title - £34.99

30 film titles to match in large bold print.

Wipe clean tiles that are easy to grip. Answer card included. Titles include: 'The Wizard....Of Oz' and 'The Longest...Day'. Set includes 60 tiles, laminated answer card, cotton storage bag.

Size: (l) various x (h) 3.cm.



Sheepdog Puzzle 13 Piece - £19.99

The thirteen-piece puzzle is the easiest in our range and suitable for people with mid to late stage dementia. Each puzzle consists of thirteen pieces that can be assembled within the frame and on a specially printed backing board that is designed to assist and encourage the individual to complete the puzzle themselves.

Australian Shepherd Dogs are happiest when working, herding sheep or providing search and rescue services. Their tranquil manner also makes them a popular household pet and a happy member of any family; truly, they are man's best friends, which is perhaps why this puzzle is one of our best-sellers.

How It Works

The thirteen-piece puzzle is the easiest in our range and suitable for people with mid to late stage dementia. Each puzzle consists of thirteen pieces that can be assembled within the frame and on a specially printed backing board that is designed to assist and encourage the individual to complete the puzzle themselves.

The puzzles are made from plastic making them extremely durable and easy to clean, meeting infection control compliance. Our range of 13-piece puzzles has a selection of beautiful images that have been carefully chosen to stimulate memories and conversation once the puzzle is complete



Spring Stream Puzzle 35 piece - £19.99

Each puzzle consists of 35 pieces that has been designed for people with early to mid-stage dementia, perfect for those who found our 24 piece puzzles and 13 piece puzzles too easy to complete.

About This Puzzle

This spring painting by Trevor Mitchell, is of the delightful village of Hutton-le-Hole in the North Yorkshire Moors. The picturesque village green is an ideal picnic spot and the shallow stream that runs through is a magnet for children – and dogs of course!

How It Works

Each puzzle consists of 35 pieces that has been designed for people with early to mid-stage dementia, perfect for those who found our 24-piece puzzles and 13 piece puzzles too easy to complete. The puzzles are made from plastic making them extremely durable and easy to clean. The size and shape of each piece, the colours used and the unique collection of images have all been designed and tested to help users in early-mid stages complete the puzzles unassisted. Images have been carefully chosen to allow for visual impairment and to spark memories and conversation once complete



Acqua Paint Natural World - £19.99

Aquapaint is one of our best selling activities for people in mid to late stages of dementia. Each set comes with five different images that have been carefully selected to help start conversation when the painting is complete.

About Natural World

Is there anything more relaxing than time admiring some of nature's most beautiful creatures? Whether you are glazing into a goldfish bowl, or watching a horse trot round a paddock, we all have our favourites.

This pack includes a butterfly, a goldfish, a cat, a peacock and a horse – perfect for an animal lover.

How It Works

Aquapaint is one of our best selling activities for people in mid to late stages of dementia. Each set comes with five different images that have been carefully selected to help start conversation when the painting is complete. The canvas starts off white, with a simple clear black outline of the image to help guide the painter. As water is brushed on to the canvas, a beautiful image is revealed giving the individual that wonderful feeling of painting. When the water dries the image will fade back to white ready to be used time and time again



Creative Scene - The Baking Cupboard - £24.99

Creative Scenes enables people to create their own baking cupboard using a set of magnetic pieces. Each magnetic piece can be picked up and placed on the background wherever they choose, creating their very own baking cupboard.

About This Creative Scene

Whether making fresh baked bread for the week, or a Victoria Sponge for a special occasion, baking was always enjoyed by the whole family. Lots of work to be done, to get the mixture and timings just right and ensure a good rise. All this work, but nothing can beat the smell of fresh homemade bread, buns and cakes. And especially getting that lucky job of licking the bowl!

How It Works

After discovering that as peoples dementia progresses they struggle to pick puzzle pieces up and place them in the correct place, which caused frustration. We wanted to design a product with no wrong answer that gives that same sense of achievement. Creative Scenes enables people to create their own baking cupboard using a set of magnetic pieces. Each magnetic piece can be picked up and placed on the background wherever they choose, creating their very own baking cupboard. Each Creative Scene has beautifully illustrated content, commissioned to ensure they are reminiscent of the appropriate era so people can relate to them and start conversations. The plastic we use is very durable and easy to clean, meeting infection control standards.



Quiz Floor Mat - £47.49

A winning combination – exercise both mind and body!

Just throw a beanbag onto a topic and answer one of the topic questions e.g: Name a film you saw at Saturday morning pictures?
120 questions plus 90 match the songs and sayings in a neat storage bag.

Size: Mat: (l) 95cm x (w) 95cm. Wipe clean PVC.



Activity Calendar - £67.50

Keep everyone informed with our unique calendar.

30 topics to choose from including: music, party time, tea & chat, chiropodist, quizzes & crosswords etc. Also included are 2 blank tiles to write you own events.

Size: (w) 60cm x (h) 42cm. Wipe clean.

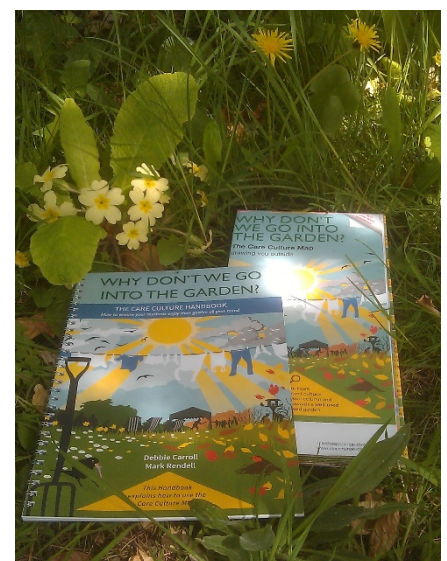


Care Culture Map & Handbook - £97.80

This attractive poster-sized, hand-folded Map and 48 page wire-bound Handbook was created by Debbie and Mark from Step Change Design Ltd. from their research and contains key information to help care settings and specialists who work with care settings to identify and address the factors that hinder and prevent regular and meaningful engagement for their residents with the outside space.

Both Map and Handbook are beautifully illustrated and easy to follow in their graphic design and content but what they require from the reader is a commitment to address the underlying reasons for low engagement levels with the outside space that are found in the cultural practices of the care setting rather than in the design or quality of the current outside space.

Whilst no culture change journey is easy or straightforward, Debbie and Mark have carefully mapped care practices along an ascending spectrum of care culture that they observed and analysed during their research, aiming to inspire, and encourage progress upwards so that the outside space becomes an increasingly valued and cherished part of the overall care setting.



Let's Talk Resources

The **Let's Talk...** resource can create quality time, connections and conversations on a one-to-one basis.

The **Let's Talk...** resource has been designed and created by Occupational Therapists.

The **Let's Talk...** resource will provide:

- User-friendly activities in an easy-to-follow format with guidance included on how to get the best out of **Let's Talk...**
- Guided conversation ideas and activities including pictures and music relating to a chosen theme to help with positive engagement and cognitive stimulation.
- Opportunity for new, enjoyable, and meaningful conversations.
- A document that can be printed off or used on a laptop or tablet. YouTube links are provided for the music.

British Wildlife Pack PDF Download - £25.00

Let's Talk...about British Wildlife explores some of the wonderful array of wild animals that are seen in Britain. Enjoy some conversation about British wildlife, looking at the pictures and listening to some animal-inspired music!



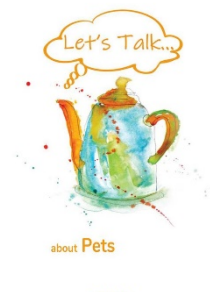
Summertime Pack PDF Download - £25.00

Let's Talk...about Summertime. This season is a favourite of many. What are the typical things that happen in the summertime? Let's Talk...about summertime will immerse you in the sights and sounds of the summer. Relax and enjoy!



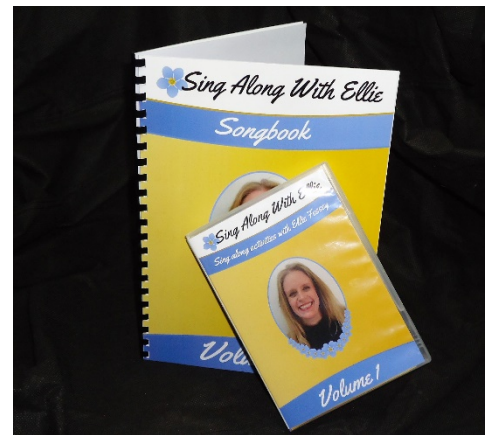
Pets Pack PDF Download - £25.00

Let's Talk... about Pets is a subject close to many of our hearts...we are a pet-loving nation! Enjoy learning some interesting new facts about pets and looking at some record-breaking pictures!



Singalong with Ellie Volume 1 DVD + 1 Songbook - £33.50

Carefully selected happy songs promoting & encouraging a positive & interactive sing along session. This is not just a DVD, this is a structured activity that can be enjoyed time & time again. This is as close to a live streamed or face to face sing along session you can get. Accompanying songbook is printed in colour with lyrics presented in clear & easy to read A4 sheets. This can be photocopied for multiple songbooks or extra songbooks are available to purchase separately. For a free sample video, you can visit www.singalongwithellie.co.uk



Track list

Edelweiss
How Much Is That Doggie In The Window
Daisy Daisy (Bicycle Built For Two)
Bring Me sunshine
Bless Em All / Hang Out the Washing On the
Siegfried Line / Kiss Me Goodnight Sergeant
Major
Young At Heart

O What A Beautiful Mornin
Que Sera Sera
It's A Long Way To Tipperary / Pack Up Your
Troubles In Your Old Kit Bag
Somewhere Over The Rainbow
Bonnie Lies Over The Ocean
We'll Meet Again

Now Just Press Play – DVD - £15.19

Activity videos to encourage reminiscence. Now Just Press Play contains seven original poems drawing on themes from the post war period. These poems were written specifically for use with older people including those living with dementia. They are narrated and presented by experienced care home activity leaders. It also contains conversation prompts, families and caregivers will enjoy exploring and discussing hundreds of topics from the post-war period that may otherwise have been forgotten.

This DVD runs for one hour and one minute (including running time of static images to allow time for conversation).



Other NAPA Products

NAPA Membership Badge - £5.00

New NAPA badge, with a magnetic clasp. 62 x 37mm



NAPA Arts in Care Home Vouchers- £10, £20, £25, £50 and £100

The *Arts in Care Voucher Scheme* is an initiative by Arts in Care Homes and NAPA. We were looking for ways to get relatives and friends more involved in the life of care homes and to find ways of encouraging more arts provision. The Arts in Care voucher was formulated as a way of addressing both issues. Relatives wanting to buy a present for their mother, father, aunt, uncle or friend or to say thanks to the home for the care provided can purchase an Arts in Care Voucher.



It is hoped that relatives and friends might team up to add money to an arts fund for their chosen home, enabling larger projects or ongoing arts activities such as setting up a choir. This could also be a nice way for the wider community to get involved and support their local care home!

Increase arts provision in care homes by purchasing an Arts in Care voucher. Your purchase will help enhance the health, happiness and well-being of residents and staff.

For more information on the NAPA Arts in Care Homes Project please see:

<https://artsincarehomes.org.uk/>

NAPA Membership

For more information on membership and all of its benefits please see:

<http://napa-activities.co.uk/membership>

Or email : membership@napa-activities.co.uk

NAPA Activity Training

For more information on all of the training NAPA has to offer please see:

<http://napa-activities.co.uk/services/training>

Or email: info@napa-activities.co.uk

NAPA Publication/Resources Order form

Please print off both pages of the order form and email, fax or post to NAPA

Item	Cost	Quantity	Total
Starting Out - The NAPA Induction Course for Activity Providers - eLearning	£25.00		
The NAPA guide for Managers	£6.99		
The NAPA guide to Activity Planning	£6.99		
An Introduction to Activity Provision	£4.50		
Activity Ideas Folder- Hard copy	£19.99		
Activity Ideas Folder- Download	£9.99		
The Good Practice Guide to Therapeutic Activity with Older People in Care Settings	£12.99		
The New Culture of Therapeutic Activity with Older People	£25.49		
Activity Ideas for Family Carers - PDF Download	£7.99		
No Bake Cooking - PDF Download	£4.00		
Everybody's Job - A guide for the whole staff - PDF Download	£4.00		
A Guide to Developing Links with the Community - PDF Download	£4.00		
Starter Bundle	£29.99		
Theme Pack 1 - Hard Copy	£5.50		
Theme Pack 1 - Download	£4.00		
Theme Pack 2 - Hard Copy	£5.50		
Theme Pack 2 - Download	£4.00		
Theme Pack 3 - Hard Copy	£5.50		
Theme Pack 3 - Download	£4.00		
Theme Pack 4 - Hard Copy	£5.50		
Theme Pack 4 - Download	£4.00		
Theme Pack 5 - Hard Copy	£5.50		
Theme Pack 5 - Download	£4.00		
Theme Pack 6 - Hard Copy	£5.50		
Theme Pack 6 - Download	£4.00		
Theme Pack 7 - Hard Copy	£5.50		
Theme Pack 7 - Download	£4.00		
Theme Pack 8 - Hard Copy	£5.50		
Theme Pack 8 - Download	£4.00		
Theme Pack 1-4 - Hard Copy	£20.00		
Theme Pack 1-4 - Download	£15.00		
Theme Pack 5-8 - Hard Copy	£20.00		
Please continue to next page			

Item	Cost	Quantity	Total
Theme Pack 5-8 - Download	£15.00		
Theme Pack 1-8 - Hard Copy	£40.00		
Theme Pack 1-8 - Download	£30.00		
Nostalgic Colouring Cards	£24.99		
Joy for All Companion Tabby Cat	£109.99		
Interactive Pets - Joy for All Companion Puppy	£119.99		
Singalong Tea Dance CD & Songbook Set	£17.99		
Spring Stream Puzzle 35 piece	£19.99		
Sheepdog Puzzle 13 Piece	£19.99		
Acqua Paint Natural World	£19.99		
Creative Scene - The Baking Cupboard	£24.99		
Match the Film Title	£34.99		
Quiz Floor Mat	£47.49		
Activity Calendar	£67.50		
Care Culture Map & Handbook	£97.80		
NAPA Member Magnetic Badge	£5.00		
Arts in Care Home Voucher: £10, £20, £25, £50 ,£100 please type total of voucher in the box			
Let's Talk Pack – British Wildlife	£25.00		
Let's Talk Pack – Summertime	£25.00		
Let's Talk Pack – Pets	£25.00		
Singalong with Ellie Volume 1 DVD + 1 Songbook	£33.50		
Now Press play DVD	£15.19		

Please invoice for the above items:

Name of Organisation/Care Setting/Individual:	
Delivery Address /Invoice address (including postcode): <p>The information given on this form will be used to process your order. This form will be destroyed one month after payment is received.</p>	
Contact Email Address:	
Email Address for invoice: (all invoices will be emailed)	
Reference/PO number: (If Applicable)	

Signed _____ Name _____ (Please Print)

On behalf of _____ (organisation/care setting) Date: _____

NAPA, 1st Floor, Unit One, Fairview Industrial Estate, Raans road, Amersham, Bucks, HP6 6JY

Email: info@napa-activities.co.uk Telephone: 0207 078 9375 Fax: 01494 726752

Registered Charity Numbers: 1070674, SC038991