



A POETIC MEMOIR: Life in a pandemic

2020 has been an extremely surreal and challenging year for many of us. Christmas and the festive season provides a time for reflection and at Kare Plus we would like to see pen put to paper from care home residents and homecare customers alike, to write about what this year has been like for them and to keep it festive, to do so in a poem!



Whether its a sonnet, limerick, ode, long or short poem we welcome all entries and participants from all corners of the UK!

All entries will be nominated for regional votes where the highest scoring poems will be entered into one final national draw where the winner be chosen and crowned.

Winning entries will be rewarded with a published and framed copy!

Submit entries via photo or typed documents to competition@kareplus.co.uk with
Subject Line: Poetic Memoirs Competition

TAG Kare Plus on social media handles using the **#PoeminaPandemic**

Closing Date: Thursday 31st December