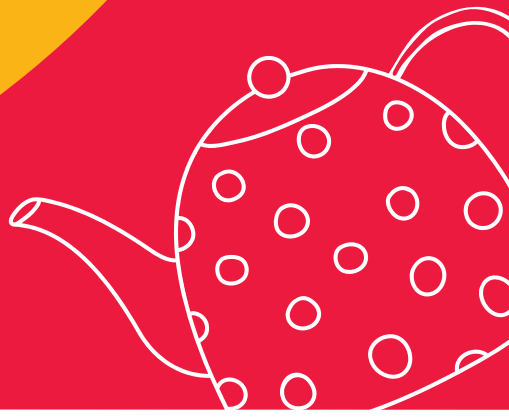




pladis

# McVitie's Tasties 2021 Care Home Challenge Activities pack



**NEW for 2021**  
Two chances to win an  
Afternoon Tea package  
worth up to **£1,000**  
for your care home



In association with our partner, NAPA



NAPA is a national charity and membership organisation. They support the care sector to prioritise wellbeing through the provision of activities, arts and engagement.



**Tasty biscuits at a Tastie price.**

# Welcome to the new McVitie's Tasties Care Home Challenge, in association with NAPA.

Inside you'll find a variety of fun, exciting and tasty activities to engage people who live in care homes during Afternoon Tea Week – 9 to 15 August – and beyond. We're also giving you two chances to win an afternoon tea package for your care home.

Get everybody involved in our McVitie's Tasties Biscuit Decorating competition which is great fun for everyone. Or join our mission to find the nation's best care home cooks dessert by giving your care home cooks the chance to show off their culinary skills. Turn to pages 8 & 9 for the full details.



Scott Snell, Vice President Sales, UK & Ireland, pladis, says: "This competition is about so much more than making our teatime favourites look fancy. It's about bringing a much-needed dash of fun and creativity to care homes across the UK. "Last year, over 200 care homes took part and everyone loved it. We saw some amazing entries that included a peacock's tail, a greenhouse and even Blackpool Tower! Who knows what we will see this year? "New for 2021, we thought it was time to get care home cooks involved. They've done a sterling job over the last year, cooking and serving meals under incredibly challenging conditions. Hopefully our McVitie's Tasties dessert challenge will go some way towards recognising their dedication and creativity."

Hilary Woodhead, Executive Director NAPA, says: "We had such great feedback and inspiring competition entries last year – It would have been a missed opportunity not to carry it through into 2021. "It gave care home staff and people who live in care homes a welcome lift during a difficult time and was a lovely opportunity to relive memories using biscuits and decorations. It was so much fun; a lot of last year's contenders are already chomping at the bi(scui)t to bag the Afternoon Tea this year!"

# Tasties teasers Afternoon Tea word search

Wordsearch activities are great fun and can help with problem solving skills and spelling. Word searches can remind people of words they might not have used for a while.

This afternoon tea themed word search would be good to do on a one to one basis. Talk about the clues, it could be a good talking point.

You could enlarge this for an individual with a visual impairment.



## Afternoon Tea

P	C	T	E	A	P	A	R	T	Y	E	S	T	I
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E	T	N	E	E	C	A	S	R	C	D	C	D	R
I	A	G	O	H	O	K	O	T	S	S	H	T	T
S	O	T	N	C	A	E	B	A	I	O	E	O	E
T	C	O	T	S	S	C	E	S	B	N	S	H	A

- TOGETHERNESS
- SUMMER TIME
- SCONES
- HAPPINESS
- SANDWICHES
- HOT DRINKS
- TIME FOR TEA
- CAKES
- TEA PARTY
- AFTERNOON TEA
- BISCUITS

# Tasties teasers

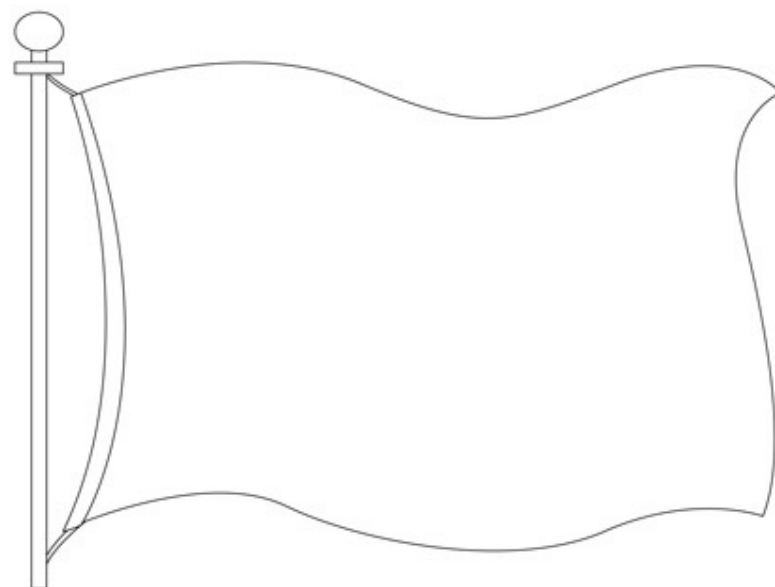
## Make your own Afternoon Tea flags

Activities that require cutting, drawing, colouring are great fun and can help people to maintain hand and finger strength, these activities can also support concentration and coordination and remind people how creative they are!

Get everyone involved in decorating your communal area or individual rooms for Afternoon Tea Week with homemade flags.

Print out several copies of the template below and encourage everyone to decorate the flags.

Collect the decorated flags and you can either string them all together to hang in an area for all to enjoy, or attach them to a wooden dowel rod and use as table decorations or for you all to wave at afternoon teatime!



### What you'll need:

- Several printed out templates
- String or ribbon
- Scissors
- Colouring pens/pencils
- Stapler
- Wooden dowel rods or straws (for flagpoles)



## Tasties teasers

### Host an Afternoon Tea dance

Music is such a great way to get people moving, even if it is just a foot! It also evokes memories.

Download some vintage tea dance music and organise your very own afternoon tea dance.

You can encourage everyone to wave their decorated flags to the music if they'd like.

Make sure you have plenty of space in your chosen room, you could even take it out into the garden if the weather is good.

Arrange the chairs in a big circle, it will make it easier for everyone to see each other, and make sure there is enough space if people want to get up and dance.

Some people might not want to get up and dance but might just tap their feet, enjoy the music and watching others.





# Tasties teasers

## Afternoon Tea image to colour

Activities that involve colouring are great fun and can help maintain hand and finger strength, and can also support concentration and coordination and remind people how creative they are! Perhaps the finished piece can be cut out and mounted afterwards?



Print out this afternoon tea themed image to colour and encourage your residents to spend some time engaged in this relaxing activity which is known to reduce stress and anxiety.

# Tasties teasers

## Afternoon Tea poem/short story or conversation

At afternoon teatime, whilst enjoying their refreshments ask the people you support to give you one word about afternoon tea that comes to mind. Together, link the words to make a poem or short story. (You can add a few extra words too). This can also be used as a conversation starter. We would love to hear how you get on, share your poems and stories with us @pladis\_f

## Afternoon Tea anagrams

Unscramble the words below to reveal some of the nation's favourite afternoon tea treats.

It's simple to get started, print off the worksheet and help the people you support write their answer in the spaces below or if it's easier, do one word at a time, write the letters on a large piece of paper or put on a big screen if you have one.

Activities that involve writing and the imagination are great fun and can help people to think of new ideas and to process experiences and emotions. Always give people the opportunity to talk about how the experience has made them feel and listen and spend time with them if they become moved or distressed.

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# McVitie's Tasties Care Home Challenge: Biscuit Decorating Competition



**For the second year running we're on the lookout for the UK's best decorated biscuit. We've relaunched the search for the McVitie's Tasties Care Home biscuit decorating champion.**

For your chance to win a special afternoon tea package worth up to **£1,000** we're challenging care homes across the country to get creative and make a biscuit masterpiece built on a memory.

**It's simple to enter and take part:**

- 1.** Choose a theme or memory that means something to the people who live in your care home – this could be a historic local hero, favourite place, moment in time or even a pet. You can have individual themes or you can choose one for your whole home
- 2.** Get creative. Invite the people you support to decorate their biscuit using the chosen theme
- 3.** Take a photo of the end creations and send it to us with a few words about the inspiration behind it – just a couple of sentences will do
- 4.** Send the photos and background on why you chose the theme to: **mcvities@williammurray.co.uk** with your name and contact details
- 5.** If you are sending photos of the people in your care home, make sure you have appropriate permissions in place
- 6.** Closing date is 31 October 2021 and winners will be notified in November 2021
- 7.** Terms & conditions apply, see page 12

**Good luck!**

## What you'll need:

- A biscuit to decorate (we recommend the McVitie's Tasties range, but any biscuit will do)
- Icing pens
- Anything edible to bring your creations to life e.g. sweets sprinkles, chocolate or edible glitter

## Competition timeline:

**Entries open**

9 August

**Entries close**

31 October

**Judging –**

**Winner announced**

in November

## New for 2021

**We're on the hunt to find the best care home cook's dessert and have launched the McVitie's Tasties Care Home Cooks Dessert Challenge.**

For your chance to win a special afternoon tea package worth up to **£1,000** we're challenging care home cooks across the country to get creative and make a dessert that uses McVitie's Tasties as an ingredient. **It's simple to enter and take part:**

- 1.** Create and develop a dessert using McVitie's Tasties
- 2.** Get creative
- 3.** Take a photo of your end creation and send it to us with your recipe with a few words about the inspiration behind it – just a couple of sentences will do
- 4.** Remember to include nutritional information, cost per portion and any allergy information
- 5.** Ask the people who live in your care home to be your judges – make this as big or small event as you wish and include 5 x pieces of feedback on your entry
- 6.** Send the photos, recipe information and feedback from the people who live in your care home to: **mcvities@williammurray.co.uk** with your name and contact details
- 7.** If you are sending photos of the people in your care home, make sure you have appropriate permissions in place
- 8.** Closing date is 31 October 2021 and winners will be notified in November 2021
- 9.** Terms & conditions apply, see page 12

**Good luck!**

If you'd like a free sample pack sent to you, please email your name and care home address to **mcvities@williammurray.co.uk** by **15 September** (samples will be dispatched by 1 October)

## Competition timeline:

**Entries open**

9 August

**Entries close**

31 October

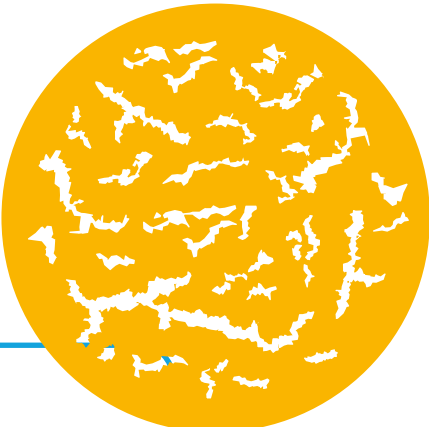
**Judging –**

**Winner announced**

in November



# Answers to Tasties teasers



## Afternoon Tea

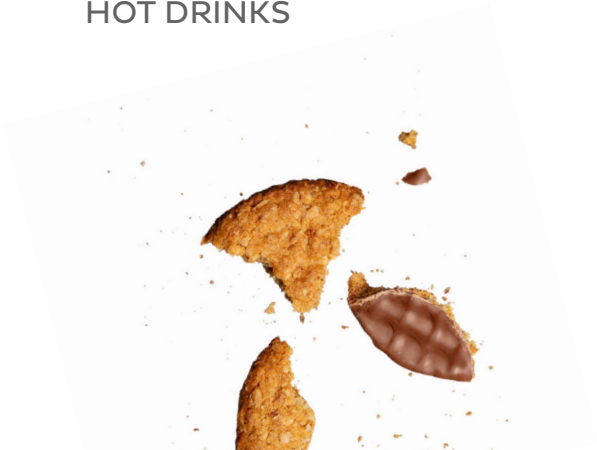
P	C	T	E	A	P	A	R	T	Y	E	S	T	I
E	F	A	S	H	N	R	M	A	U	P	Y	D	A
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Y	R	W	M	E	E	N	T	N	S	S	A	R	N
S	E	P	M	U	S	E	S	O	E	N	S	E	T
A	F	T	E	R	N	O	O	N	T	E	A	S	I
A	E	H	R	S	T	N	R	M	S	T	N	K	N
E	E	I	T	P	T	E	E	E	T	A	D	N	E
S	A	S	I	P	H	P	K	H	I	A	W	I	F
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E	T	N	E	E	C	A	S	R	C	D	C	D	R
I	A	G	O	H	O	K	O	T	S	S	H	T	T
S	O	T	N	C	A	E	B	A	I	O	E	O	E
T	C	O	T	S	S	C	E	S	B	N	S	H	A

TOGETHERNESS  
SUMMER TIME  
SCONES  
HAPPINESS  
SANDWICHES  
HOT DRINKS  
TIME FOR TEA  
CAKES  
TEA PARTY  
AFTERNOON TEA  
BISCUITS

## Afternoon Tea anagrams answers:

SANDWICHES  
TEA PARTY  
SCONES  
CAKES  
BISCUITS

HAPPINESS  
TEA POT  
SUMMERTIME  
TIME FOR TEA  
HOT DRINKS



# About pladis



pladis is one of the world’s leading snacking companies and home to beloved brands including McVitie’s and Ulker. pladis is also proud to distribute a range of GODIVA chocolates exclusively for consumer-packaged goods channels around the world.

pladis owns regional brands such as Jacob’s, go ahead! Carr’s, Flipz, BN, Verkade and many more, delighting consumers with products across the snacking category including sweet and savoury biscuits, wafer, cake, chocolate, gum and candy.

Formed in 2016 with a promise to bring happiness to the world with every bite, pladis is the proud steward of more than 300 years’ baking and confectionery heritage. The expertise of its more than 16,000-strong global workforce spans 25 factories in 11 countries.

As a responsible business, delivering the highest quality products and exceptional service, pladis’ products are distributed to reach potentially 4 billion people across the world.

All pladis’ plastic wrappers in the UK & Ireland can be recycled through its partnership with TerraCycle. Consumers ca

[www.happinesswitheverybite.com](http://www.happinesswitheverybite.com)  
[@pladis\\_f](https://twitter.com/pladis_f)

## About NAPA



NAPA is a membership organisation that supports the care sector to prioritise wellbeing, through the promotion and provision of activities, arts and engagement.

We connect, signpost, motivate and educate practitioners to provide opportunities for meaningful conversation, connection and creativity.

[www.napa-activities.co.uk](http://www.napa-activities.co.uk)  
[info@napa-activities.co.uk](mailto:info@napa-activities.co.uk)  
**01494 590421**

For further activity ideas and support please call  
**0800 1585503**  
[helpline@napa-activities.co.uk](mailto:helpline@napa-activities.co.uk)  
[www.facebook.com/NAPAlivinglife](https://www.facebook.com/NAPAlivinglife)  
[twitter.com/NAPAlivinglife](https://twitter.com/NAPAlivinglife)  
[www.instagram.com/napaactivity](https://www.instagram.com/napaactivity)

Registered charity number: 1070674



Open to registered residential care homes operating in the UK.  
18+. Opens 09/08/2021 Closes 31/10/2021.

No purchase necessary. Visit [www.napa-activities.co.uk](http://www.napa-activities.co.uk)  
for full terms and conditions and privacy notice.

**Promoter:** United Biscuits (UK) Ltd trading as pladis, Building 3,  
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