

So if you are one of the people saying “just give me ideas” I suggest taking a step back and listening to the people around you - they have more ideas than I will ever be able to give you - and recognise that doing the same thing regularly isn’t always a bad thing.

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The Senses Framework

NOLAN, M. R., BROWN, J., DAVIES, S., NOLAN, J. and KEADY, J. (2006).

The Senses Framework: improving care for older people through a relationship-centred approach.

University of Sheffield. <http://shura.shu.ac.uk> Studies suggest that in the best care environments all participants experience a Sense of:

Security – to feel safe

Belonging – to feel part of things

Continuity – to experience links and connection

Purpose – to have a goal(s) to aspire to

Achievement – to make progress towards these goals

Significance – to feel that you matter as a person